



# Timetable 2022

## Christine Chawla Pilates

Call or text 07896 421527 to book classes

**PLEASE NOTE THE MINIMAL PRICE INCREASE EFFECTIVE FROM 1 JULY 2022**

DAY	TIME	VENUE	LEVEL	NOTES
Monday	09.00	Online	All levels	
	10.30	Online	All levels	
Tuesday	All day	CCP Studio, Harrogate Racquets Club	All levels	One to One tuition
	10.30	Online	All levels	
	11.45	CCP Studio, Harrogate Racquets Club	All levels	
	18.15	CCP Studio, Harrogate Racquets Club	Advanced	
Wednesday	08.00	CCP Studio, Harrogate Racquets Club	All levels	
	09.15	CCP Studio, Harrogate Racquets Club	Advanced	
	10.30	CCP Studio, Harrogate Racquets Club	Intermediate / Advanced	
	12.00	CCP Studio, Harrogate Racquets Club	Easy Does It	Older adults, concession £9.00
	13.15	CCP Studio, Harrogate Racquets Club	Beginners	
Thursday	09.00	CCP Studio, Harrogate Racquets Club	All levels	
	10.00	CCP Studio, Harrogate Racquets Club	All levels	
	11.00	CCP Studio, Harrogate Racquets Club	All levels	
Friday	09.00	Online	All levels	
	All day	Online	All levels	One to One tuition

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Online classes £9.00 booked in blocks of 8 / Studio classes £10.50 booked in blocks of 8

All COVID regulations adhered to, including the rule of 6, temperatures to be taken on arrival. Please bring your own mat, block and band.

24 hour cancellation policy